



ART LUBINSKI, PT OCS

CURRICULUM VITAE

EDUCATION

June 2011	University of Indianapolis, IN <i>Eligible – Transitional Doctor of Physical Therapy</i>
June 2004	Specialist certification in orthopaedic physical therapy (OCS)
1993-1997	University of Illinois at Chicago, Chicago, IL <i>Bachelor of Science in Physical Therapy</i> Graduated with honors

CAREER INTERESTS

Clinical	Orthopaedic and manual physical therapy with emphasis on mobilization of the spine. Application of McKenzie and Maitland techniques including manual distraction and positional distraction. Neuro-orthopaedic physical therapy with interest in functional closed chain activities including emphasis on joint approximation and collaborative goal setting. A one to one exclusive physical therapy care provider.
Professional	APTA Private Practice Member Resource in corporation, financial planning and practice management.

COMMUNITY OUTREACH

- 2009 Avon walk for breast cancer sponsor – *Girls Gone Walking (For a Cure)*
- 2007 and 2008 American Cancer Society Relay for Life of Oak Forest Platinum Sponsor
- 27th Annual Oak Forest Community Awareness Fair active participant

PUBLISHED ARTICLES

- Lubinski, Art (June 2008). "Risk Management Recommendations for Start Up Clinics." *IMPACT Private Practice Section of the American Physical Therapy Association*. Pg. 22,25.
- Starcke, Alice M. (July 2009). "Assessing your Business Fit." *PTMagazine*. Pg.42-46.

LANGUAGES

Also fluent in speaking Polish. Conversational in medically oriented Spanish.

WORK EXPERIENCE

4/2007 - present Rehab In Motion and Physical Therapy, Ltd.

Clinic Director and Owner:

- Advisory Review Board Member - ABBA Home Health Care
- Clinical Instructor outpatient and home care 2010
- Centerpoint/GSU Roundtable Discussion Leader Nov 2009
- Centerpoint/GSU Entrepreneur Challenge Grant Recipient 2007
- 2008 Innovate IL 3rd place qualifier for lasting economic impact.

2006- 4/2007 Physiotherapy Associates, Palos Park, IL

Clinic Director:

- National meeting attendee 2007 – start up performance objectives met

2005 -2006 Physiotherapy Associates, LaGrange, IL

Clinic Director:

- Mature clinic restructured, reduced staff turnover and improved client satisfaction – viability achieved in two months
- National meeting attendee 2006 – clinical objectives surpassed

1998- 2005 Palos Community Hospital, Physical Medicine and Rehabilitation Department, Palos Heights, IL

Staff Physical Therapist:

- Nominated Outstanding Clinical Instructor for 2004
- APTA Certified Clinical Instructor as of 2002
- Clinical Instructor – 2001, 2003 outpatient services
- Clinical Instructor - 1999, 2000, 2004 medical/surgical rotation
- 2002 and 2003 Annual Runner's Workshop speaker and organizer
- Photo documentation policy creation and facilitated implementation

1997-1998 Evergreen Physical Therapy at Little Company of Mary Hospital, Evergreen Park, IL – **Staff Physical Therapist**

PROFESSIONAL MEMBERSHIPS

Illinois Physical Therapy Private Practice Forum - Treasurer

Private Practice section of the APTA since 2006

Orthopaedic section of the APTA since 2004

Toastmasters International 2002-2003

American Physical Therapy Association member since 1995

Polish National Alliance member since 1989

INTERESTS AND LEISURE ACTIVITIES/ACHIEVEMENTS

Avid running -- Chicago marathon finisher 2001, half marathon 2001, 2000 Polar Bear Club 2006

Avid adventure hiking –Mt. Kilomanjaro 2001; Lukla, Nepal 1999; Powerlifting – ADFPA National Rank